Government of India Department of Atomic Energy General Services Organisation DAE Hospital, CHSS Office

Kalpakkam 603102

Ref: GSO/CHSS/PHYSIO/2024/ 5970

October 09, 2024

CIRCULAR NO. 191/CHSS/HOSP

Sub: Reimbursement of Physiotherapy and Occupational Therapy charges – reg.

For the welfare of CHSS beneficiaries who are staying outside Kalpakkam/Anupuram, it has been decided to reimburse the costs of physiotherapy and occupational therapy to those who wish to avail the physiotherapy and occupational therapy services at government recognised physiotherapy centres/home physiotherapy through the qualified physiotherapist/doctors.

The following guidelines are framed for reimbursement of costs for the above services is as follows:

- 1. CHSS beneficiaries (i) residing outside Kalpakkam and Anupuram Township (ii) retired CHSS Chennai beneficiaries who wish to avail Physiotherapy/Occupational therapy services shall get reimbursement for these services.
 - a. Physiotherapy (Home/Centre) should be based on thorough evaluation and specific valid prescription issued by a Specialist having allopathic Post-Graduate qualifications in Orthopaedics/Neurology/Neurosurgery. The prescription must contain the details of frequency and duration of physiotherapy.
 - b. Orthopaedic disorders: In continuation of orthopaedic surgeries, home physiotherapy may be allowed for a maximum period of two weeks. Physiotherapy for degenerative conditions like osteoarthritis/inflammatory arthritis/post traumatic arthritis etc., is also allowed subject to the ceiling of one session per day to a maximum period of two weeks.
 - c. <u>Neurological disorders</u>: In the case of (a) Post-stroke (b) Traumatic brain injury (c) Guillain-Barre syndrome (d) Spinal cord injury with significant disability/deformity and (e) Motor neutron diseases (f) cerebral palsy (g) following brain/ spinal surgeries, home physiotherapy may be allowed for a maximum period of three months but it should not exceed more than three times in a week subject to prescription from the concerned specialists.
- 2. Home physiotherapy must be availed only from the qualified physiotherapists.
- 3. No reimbursement is allowed for the purchase or hiring of therapy equipments/devices.
- 4. In all the above cases, the maximum ceiling rate for the reimbursement of physiotherapy and occupational therapy charges is Rs. 200/- per sitting subject to the submission of original valid receipts with signature and seal of the doctor/physiotherapists.
- 5. Applicants holding CHSS Chennai medical cards are directed to submit the reimbursement claims either at DAE Nodal Facility Centre, Pallavaram, Chennai or IMSc Clinic, CIT Campus, Taramani, Chennai for settlement, and remaining beneficiaries shall submit the claim in post (speed post/registered post) or to submit directly to APO (CHSS), DAE Hospital, Kalpakkam, for settlement.

This issues with the approval of the Competent Authority.

(V. Lakshmi Devi) Plo 24

All Notice Boards including DAE Clinics at Chennai/Circulation to all email ID.

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